

UTAH 2021 – Competitors’ Instructions

Start times. Division One: 10.45 am, Division Two: 2.15 pm.

Registration

1. Registration is in the marquee at the Upper Thames Autumn Head site (sat nav Leander Club or RG9 2LP and what3words cleanest.shudders.club). It will be open from approximately 8 am. Each club will be given envelopes containing all the numbers for all of their crews. Each person collecting the envelopes will be asked to sign for receipt with their phone number so they can be reached in case other crews are looking for their numbers. You will receive two numbers for each coxed boat and one number for each coxless boat. Safety pins are provided in the envelope.
2. Coxes will not be asked to weigh in.
3. Crew boat identification will be by **bow person numbers (to be clearly displayed going to the start as well as during racing)** and **Empacher bow slot** numbers. After racing Empacher bow numbers will be collected at the rafts. If for some reason your number is not collected as you return from your race, please return them to Registration and do not take them home.
4. Please visit registration for any general enquiries during the day.

Rigging and Boating

1. Rig at trailers or in the grass area adjacent to the rafts. It is your responsibility to make sure your boat meets British Rowing RowSafe guidance. Boats will be spot checked for Safety.
2. Crews will be called forward in groups of 25 – lowest numbers first – you will be allocated to a raft.
3. No boat adjustments are to be made on the rafts: adjustments to be made on land or after leaving the raft.
4. Boat with bows towards the bridge. On leaving the raft go to the river center before turning around the marker boat. Keep tight to the far bank (Bucks) going to the start.’
5. See also the Upper Thames Autumn Head 2021 Boating Times document on the website.

Warming up

1. Crews can train on the reach before 9.45 am. Normal circulation rules apply (down on towpath, Berks; up on far side, Bucks).
2. **At 9.45 am the circulation changes** (down far side, up tow path side). **NO CREWS ARE PERMITTED TO TRAIN ON THE COURSE AFTER 10 AM.**
4. Crews are encouraged to warm up on land. Water warm up is only permitted on the way to Marshalling Zones.

Marshalling

1. Crews will be marshalled in zones by groups – please refer to the navigation plan. Marshals will control each zone.
 - 2a. **Division 1:** Crews 1-13 marshal on the tow path (Berks) side below the Start Marshal (M2), pointing upstream and are to be in position by 10.35 am. Crews 14-27 marshal on the far side (Bucks), below start line facing downstream, low numbers nearest the start line. All other crews marshal on the Bucks side in race order facing downstream. Turn as a division when told to by the marshals. These crews do not need to pass down stream of the Turning Marshal (M3). See navigation plan. Secret word 1: Purple
 - 2b. **Division 2:** Crews 200-220 marshal on the tow path (Berks) side below the Start Marshal (M2), pointing upstream and are to be in position by 2.05 pm. These crews do not need to pass down

stream of the Turning Marshall (M3). See navigation plan. All other crews marshal on the Bucks side in race order facing downstream.

3. Crews 28-100/241-300 are to be position below the Island by 10.35 am/2.05 pm. Allow 25 minutes for transit.

4. Crews 101-157/300-352 are to be in position by 10.45 am/2.15 pm. Allow 20 minutes for transit.

5. Once racing starts Marshals will call crews forward block by block (Tops off ready to race).

6. Crews will be told to 'GO' by the Start Marshal 30m before the timing line (Management College boathouse).

Racing

1. Bank umpires will control racing. Coaching from the bank is permitted; no megaphones or radios are allowed.

2. Crews are to keep tight to the tow path bank around the first bend then to follow the line of the Island to avoid the bay and promontory and to ensure a safe distance from the Upper Thames raft.

3. Crews being overtaken are to give way by moving towards the center, but be aware of crews still in the marshaling zones on the Bucks side.

4. After crossing the finish line crews should not stop but paddle to the rafts. Marshals will direct you to a raft. Secret word 2: Orange

5. Only crews boating from HRC are permitted to go through the bridge. Crews returning to Upper Thames have to go round the marker boat beyond the finish before returning along the Oxfordshire Bank and crossing when instructed by Umpire 6.

6. Failure to observe the Rules could incur time penalties or disqualification.

Prizegiving

Prizes will be presented once results have been confirmed and validated at the prizegiving marquee at the Upper Thames Autumn Head site at approximately 1:00 pm and 4.30 pm. Our special prizegiver at UTAH 2021 is Professor Antony Narula, MA, MB BCHIR, FRCS, FRCS (ED). Full results will be published at: www.utrc.org.uk and on our FB page.

Lost property

1. At previous rowing events in the summer there have been some thefts from parked cars during the events. Please make sure that your car is locked carefully while you are rowing and that you do not leave valuables in your car.

2. Any lost property can be handed into Registration.

Social Media

Further information (daily informercials in the week leading up to the event) is also available on Social Media: Twitter @autumn_head, Instagram: @upper_thames_autumn_head and Facebook: @UpperThamesAutumnHead

Liability

The Event Committee accepts no liability for damage, loss of property or personnel injury caused in connection with the event. In the event of the race being cancelled due to factors beyond its immediate control, the Event Committee is not obliged to give a full refund of fees.