

Upper Thames Autumn Head 2021 COVID-19 Statement

By entering a crew in Upper Thames Autumn Head 2021 (UTAH), you are agreeing to the following:

I am entering this crew and am ticking the box below on behalf of the crew confirming that I have obtained their consent on all of the items below.

I will also act as the NHS Track & Trace coordinator for this crew. UTAH is taking place during the COVID-19 pandemic. UTAH wishes to ensure that we keep possible transmission to a minimum and abide by all current restrictions while permitting safe and enjoyable racing.

UTAH encourages competitors to take lateral flow tests to exclude COVID in the days leading up to the regatta.

I/We agree to abide by the general government guidance and advice as provided by British Rowing. There are few residual legal restrictions to rowing or UTAH in place, however UTAH encourages all to observe sensible social distancing and enhanced hygiene while at the event.

I/We agree that in the event of even a mild illness until COVID is excluded by the absence of symptoms or a negative test you will not attend the regatta.

I/We have read and understood the above statement and will comply with all to minimise the transmission of COVID.

I /we confirm that we do not have current symptoms of COVID-19 nor have we been in contact with a known case of COVID nor be notified as a contact by NHS Track and Trace.



BRITISHROWING

Affiliated Competition & Private Match COVID-Secure Self Declaration

The following form should be completed by the appointed COVID-19 Officer for the Competition and published alongside any COVID-Secure plans on the Competition's website or in the case of a Private Match made available to all attendees of the event (including parents/guardians as applicable). Contact details may be ones provided specifically for this purpose by the Competition rather than personal contact details.

Competition Name (the "Competition")	
Competition Date(s)	
COVID-19 Officer Name	
COVID-19 Officer Email	
COVID-19 Officer Telephone	

The Competition can confirm that the Organising Committee has put in place plans (as set out below) to minimise the risk of transmission of COVID-19 during the Competition.

Please complete the following with Yes, No or N/A:

Are there any Local Restrictions in place at the time of writing that affect the location of the Competition?	
At the time of writing, does the local waterway authority or any local agency have any restrictions in place for COVID-19?	
Has the Competition carried out a specific risk assessment and put in place appropriate plans for COVID-19 taking into account the British Rowing Return to Rowing guidance as published at the time of writing?	
Have plans been put in place to track those attending the Competition to enable 'Test and Trace'?	
Has the Competition put in place a plan to communicate COVID-Secure plans to all stakeholders, including but not limited to competitors, coaches, officials, volunteers and potential spectators?	
Has the Competition updated its registration process to facilitate social distancing?	
Has the Competition agreed COVID-Secure protocols with all suppliers in particular first aid, safety cover and car/trailer parking management provision?	
Has the Competition updated its plan to brief coaches, officials and volunteers to provide as much information in advance and limit the need to bring together groups at the Competition?	
Has the Competition put in place plans to limit the sharing of equipment and/or cleaning of equipment (as appropriate) during the Competition?	
Has the Competition reviewed its on-water circulation pattern and off-water operational flow to help facilitate social distancing?	
Has the Competition reviewed its volunteer and workforce (including officials) rotas and placements to help facilitate social distancing?	
Has the Competition set out a clear cancellation and refund policy to deal with the imposition of local restrictions or the need for clubs/competitors to scratch due to self-isolation?	

On behalf of the Organising Committee for the Competition and as the nominated COVID-19 Officer, I confirm that, to the best of my knowledge, the information contained in this self-declaration is correct at the time of writing:

Signed on behalf of the Organising Committee	Date
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		S	P	R	<u>COVID-19 RISK OF TRANSMISSION/ INFECTION</u>		
					The risk assessment and mitigation are prepared in compliance with guidance as of the 19 July. Despite that few restrictions may remain Upper Thames Autumn Hed will encourage the maintenance of social distancing and additional hygiene measures. Should additional guidance be provided by Government or British Rowing this will be complied with and the risk assessment modified.		
A	Social distancing on the water	1	2	2	Safety Launches: Maintain maximum separation at all times. Clean controls and commonly used parts with disinfectant solutions and antiviral hand gel on a frequent basis.	1	Competitors, volunteers, marshals, coaches
B	Social distancing on land	1	2	2	Competitors, spectators and Officials are encouraged to maintain social distancing as practicable. A one-way system will be implemented in key areas of possible congestion to help facilitate social distancing for people around the site Spectators will be allowed numbers are not anticipated to be large enough to cause any issue. Track and trace QR codes will be posted at key entrance points to the event. Competitors: Separate launch and landing pontoons will be used and marshals will control access to and from the pontoons to avoid unnecessary build-up of individuals. Only boating crews and their two supporting people should enter the boating area. Officials: Officials should maintain separation from others wherever possible. Where this is not possible, for example in the start and finish tent or on control commission, masks may be worn.	1	Competitors, volunteers, marshals, coaches, spectators
C	Shared use of facilities	1	2	2	The land at the UTAH site will be in use and is primarily an outdoor event. The only indoor areas are Upper Thames Rowing Club club house. The indoor spaces will only be used by a limited number of officials and masks, social distancing and ventilation will be encouraged to minimise risk	2	Competitors, volunteers, marshals, coaches, spectators

					<p>Cleaning, handwashing, and hygiene procedures are encouraged and facilities available.</p> <p>Appropriate methods of waste disposal for cleaning products e.g. wipes have been put into place.</p> <p>Hand sanitiser will be provided by UTAH at key points where facilities are shared including the toilets, crew check in and weigh in.</p> <p>Crew check in and weigh in will be limited to one representative of the crew and the individual that need to be weighed. If necessary, a socially distanced queue will be managed and limited.</p> <p>Scales for weighing will be cleaned between use.</p> <p>Boats:</p> <p>Boats and other shared equipment should be cleaned before and after each use, and other surfaces should be wiped down frequently.</p> <p>There are no showers or changing facilities on site.</p> <p>Toilets:</p> <p>Access to portable toilets will be limited.</p> <p>Ensure that any windows in the toilet windows are opened so that the toilets are well ventilated.</p> <p>If using the toilets, the user will sanitise their hands either washing or using hand sanitiser on entering and leaving the cabin.</p> <p>Toilets and touch points will be regularly disinfected throughout the day.</p> <p>Cleaning and monitoring traffic flow will be managed by a toilet attendant.</p>		
D	Shared use of equipment (launches, club blades, club boats.)	1	2	2	<p>Boats or blades when used by multiple competitors then handles and touch points are to be disinfected before and after each use.</p> <p>Control commission:</p> <p>Officials should ask competitors to demonstrate the safety of their equipment and only touch it if there are particular concerns.</p>	1	Competitors, volunteers, marshals, coaches,
E	Use of Catering facilities	1	2	2	<p>Any food or drinks sold on the regatta premises must comply with UK Government guidance and suppliers are expected to have their own COVID policy and risk assessment.</p> <p>Catering facilities will only be available in the Spectator Area</p>	1	Competitors, volunteers, marshals, coaches, spectators, Catering companies

					Refreshments for volunteers will be provided in individual packs.		
F	Maintaining Hygiene	1	2	2	Everyone visiting the site are encouraged to regularly an alcohol-based hand sanitiser. Competitors will also be requested to bring their own hand gel for personal use, as per competitors' instructions. Competitors should bring their own disinfectant to clean shared equipment. The Regatta will provide hand sanitiser at key touch points, for example the toilets, crew check in and weigh in.	1	Competitors, volunteers, marshals, coaches, spectators
G	Administering First Aid	1	2	2	All first aiders will have up-to-date training. Where possible wear gloves when touching or handling the casualty. Only handle/touch what is absolutely essential, remembering that all surfaces in and around the casualty may be contaminated by the virus. Only provide essential direct first aid. Wash hands thoroughly with soap and water for at least 20 seconds. Change and dispose of gloves and aprons after each contact.		Medical personnel, marshals, volunteers
H	Test & Trace, risk of a person becoming infected and not having correct contact details	1	2	2	All competitors and volunteers will be registered prior to the regatta. In the case of a person testing positive for COVID-19, to help identify contacts of that person for the purpose of NHS test and trace, a log of who has attended the regatta will be kept for 21 days. In the case of a person visiting the event testing positive for COVID-19 afterwards, it is the affected persons own responsibility to contact the UTAH Covid Officer and their own rowing club to inform any other potential persons affected.	1	Competitors, volunteers, marshals, coaches, spectators, covid officer
I	Public rights of way	1	1	1	The general public are entitled to use the footpath across the site, and event marshals will encourage larger groups to move on or disperse.	1	Competitors, volunteers, marshals, coaches, spectators, general public
J	International Competitors	1	1	1	UTAH is a domestic rowing event and international competitors are not anticipated. In the event that an international crew makes an entry they are reminded both to check their regulations and the regatta will ascertain that their plans for travel and compliance with any restrictions are		

					appropriate but it remains the responsibility of those travelling to ensure compliance with all and any travel restrictions		
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This risk assessment forms part of the Upper Thames Autumn Head safety documentation. It is a planning tool, which helps to identify Hazards (potential for harm) and Risk (likelihood of occurrence).

* A simple 3x3 matrix has been used. S = Severity (max score 3). P = Probability of occurrence (3=Frequent). R = Risk Rating = SxP. Levels > 6 are unacceptable and must have some controls placed on them, resulting in a (subjectively assessed) RRR = Resultant Risk Rating.

An RRR of 6 will need strict compliance and monitoring of the safety plan by those identified.

An RRR of 4 or less will be seen as adequately controlled if the safety plan is complied with.

In line with the Water Safety Code the following gives a comparison:

R = 1	Trivial
R = 2-3	Tolerable
R = 4	Moderate
R = 6	Substantial
R = 9	Intolerable