

UTAH 2019 – Instructions to Competitors

Start times. Division One: 10.45 am, Division Two: 2.15pm. Race Control is at Upper Thames.

Registration.

1. Registration is in the Boating Area marquee (top end of Stewards enclosure). It will be open from 9 am.
2. Crew boat identification will be by **bow person numbers (To be clearly displayed going to the start as well as during racing)** and **Empacher bow slot** numbers. After racing bow numbers will be collected at the rafts. Numbers not collected should be returned to Registration or UT Club.

Rigging and Boating

1. Rig at trailers or in the grass area adjacent to the rafts. Boats will be spot checked for Safety.
2. Crews will be called forward in groups of 25 – lowest numbers first – you will be allocated to a raft
3. No boat adjustments are to be made on the rafts: adjustments to be made on land or after leaving the raft.
4. Boat with bows towards the bridge. On leaving the raft go to the river center before turning around the marker buoy/boat. Keep tight to the far bank (Bucks) going to the start.

Warming up

1. Crews can train on the reach before 9.45 am. Normal circulation rules apply (down on towpath, Berks; up on far side, Bucks).
2. **At 9.45 am the circulation changes** (down far side, up tow path side). **NO CREWS ARE PERMITTED TO TRAIN ON THE COURSE AFTER 10 AM.**
4. Crews are encouraged to warm up on land. Water warm up is only permitted on the way to Marshalling Zones.

Marshalling.

1. Crews will be marshalled in zones by groups – please refer to the course map. Marshals will control each zone.
2. Crews 1-17 and 200-215 marshal on the tow path (Berks) side below the Start Marshal, pointing upstream and are to be in position by 10.35 am/ 2.05 pm. (Clear rafts by 10.15am/1.45pm). Crews 18-30 and 216-230 marshal on the far side (Bucks), below start line facing downstream, low numbers nearest the start line. All other crews marshal on the Bucks side. Turn as a division when told to by the marshals. These crews do not need to pass down stream of the Turning Marshall (M3). See Circulation diagram.
3. Crews 18-99/216-299 are to be position below the Island by 10.35 am/2.05 pm. Allow 25 minutes for transit. Clear rafts by 10.15am/1.45pm
4. Crews 100-159/300-357 are to be in position by 10.45 am/2.15 pm. Allow 20 minutes for transit. Clear rafts by 10.25am/1.55pm.
5. Once racing starts Marshals will call crews forward block by block (Tops off ready to race).
6. Crews will be told to 'GO' by the Start Marshal 30m before the timing line (Management College boathouse).

Racing

1. Bank umpires will control racing. Coaching from the bank is permitted; no megaphones or radios are allowed.
2. Crews are to keep tight to the tow path bank around the first bend then to follow the line of the Island to avoid the bay and promontory and to ensure a safe distance from the Upper Thames raft.
3. **Crews being overtaken are to give way by moving towards the center, but be aware of crews still in the marshaling zones on the Bucks side.**
4. After crossing the finish line crews should not stop but paddle to the rafts. Marshals will direct you to a raft.
5. Only crews boating from HRC are permitted to go through the bridge. Crews returning to UT are to go around the marker buoy and are not to cross to UT until instructed.
6. Failure to observe the Rules could incur time penalties or disqualification.

Prizes. Prizes will be presented at Upper Thames at about 4.30 pm. Full results will be published at: www.utrc.org.uk.

Liability. The Event Committee accepts no liability for damage, loss of property or personnel injury caused in connection with the event. In the event of the race being cancelled due to factors beyond its immediate control, the Event Committee is not obliged to give a full refund of fees.